

Article

Other ways to fundraise

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The generous efforts of our fundraisers and supporters help us give those living with RA, their families, friends, carers and health professionals, the specialist support they need. But you don't need to run a marathon to be able to support our work. Any funds you raise or gifts you give are hugely appreciated!

There are lots of different ways you can support NRAS, from shopping online to having a Facebook Birthday Fundraiser and by recycling, you can save funds and help the environment at the same time!



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[Facebook fundraising](#)

[Why not create a fundraiser on Facebook?](#)

[Article](#)

[Shop online and raise funds](#)

[There are lots of ways you can support NRAS and at no extra cost to you and from the comfort of your own home.](#)

[Article](#)

[Recycling](#)

[Recycling?is a simple way to raise extra funds for NRAS, and a great way to get your school, workplace or local community group involved too!](#)

[Shop](#)

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