



Resource

Runs

From inflatable 5ks to Marathons and everything in-between!

[Print](#)



New for 2024, NRAS has partnered with event specialist Run for Charity to allow us to offer guaranteed places in over 700 events throughout the UK. Some of the most popular ones are featured below but click the link below to search for your nearest.



[Web link](#)

[Inflatable 5k Events](#)

[Get ready to bounce your way through The World's BIGGEST and most EPIC Inflatable 5k obstacle course. Jump, slide and bounce your way to the finish line like never before. Located throughout the](#)



[Event, on 28 Jul](#)

[Hillsborough Castle & Gardens Running Festival Half](#)

[These ROAD CLOSED races will start and finish within the beautiful Grounds of Hillsborough Castle, before heading out onto the surrounding rural roads of Hillsborough and taking in historic attractions in the local area such as Hillsborough Fort and Hillsborough Lake, and finishing with a lap of the](#)



[Event, on 06 Oct](#)

[Great Scottish Run Half Marathon](#)

[With a city centre start and finish, the AJ Bell Great Scottish Run is a celebration of everything that makes Glasgow truly great: inspiring urban architecture, green spaces, history, music, strength, spirit and, of course, great people, personality and humour. Thousands of runners take part each year to](#)



for [...]

[Event, on 06 Oct](#)

[Cardiff Half Marathon](#)

[The Cardiff University Cardiff Half Marathon has grown into one of the largest and most exciting road races in Europe. It is Wales' largest mass-participation and multi-charity fundraising event and the second largest half in the UK. Its flat, fast course passes all the city's most breath-taking scenery](#) [stle, the Principality Stadium, Civic \[...\]](#)



[Event, on 13 Oct](#)

[Oxford Half Marathon](#)

[This awesome course is fast and flat, it proudly guides runners through the pristine and winding streets of Oxford in all its historic delight. The Oxford Half Marathon begins in the centre of the city and winds past Old Marston village, the River Cherwell and onto the very impressive Lady Margaret](#)



[Event, on 16 Nov](#)

[Run Alton Towers – Kids Race](#)

[Come and join us at Run Alton Towers Kids Race at the UK's largest theme park on Saturday 16th November 2024. You are guaranteed a great day out with theme park entry and access to all the](#) [of all ages and adults are more than welcome to \[...\]](#)



[Event, on 16 Oct](#)

[Chase the Moon – Battersea 5k](#)

[Battersea Park is one of London's most picturesque parks and has been a favourite course for those wanting to run a PB! The course is totally flat, offering the perfect opportunity to push yourself to a Parks Bandstand this course laps the park making it easy](#)



[Event, on 05 Dec](#)

[Santa in the City – London](#)

[You will then run along the South Bank, continue over Southwark Bridge, pass the Tower of London and Tower Bridge and then head through the City to the finish, where you started from, in front of the Tate Modern, completing a truly iconic route No previous experience is needed for a 5k like this. The \[...\]](#)

If you would like to contact the Fundraising team before signing up to a walk or trek please email fundraising@nras.org.uk or call us?on 01628 823 524.

This article was downloaded from www.nras.org.uk. National Rheumatoid Arthritis Society (NRAS) is a registered charity in England and Wales (1134859) and Scotland (SC039721). A private company limited by guarantee. Registered in England and Wales (7127101).