

Resource

## Become a friend of NRAS

Give a regular gift and become a friend of NRAS.

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By becoming a Friend of NRAS and giving a regular gift you will be supporting adults in the UK living with this disease.

Perhaps you are someone who has benefited from our services and feel you want to give back, or your relative/loved one has RA and you are looking for a way of showing your support?

Monthly gifts by Direct Debit give us the confidence to plan for the future. You can help us continue to provide our key services including:

- providing vital information and support to families, friends and healthcare professionals through our Helpline and publications
- raising awareness of RA and the impact it can have on those living with it
- directly shaping RA policies to ensure that the needs of those affected by RA are understood and prioritised.

You can read more about our impact through our Annual Reviews and take a look at our future plans [here](#).

As a token of our appreciation, as a Friend of NRAS you have the option to receive a free gift of either an NRAS lapel badge or window sticker. We will also send you a copy of our bi-annual NRAS Together newsletter and other occasional updates about our work.

Become a Friend of NRAS today and set up your regular gift by clicking the button below.?? Alternatively, you can call the office on 01628 823 524 (option 2) to set up your Direct Debit over the phone.

[Become a Friend of NRAS](#)

Thank you for supporting our work in this important way!

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