

Resource

# I want to work

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In this booklet you will find up-to-date and accurate advice and information, to make sure you know what help you can expect to receive and have the support to help you to keep working and to minimise the impact that work might have on your RA and vice versa.

This booklet also discusses the options of re-training or moving to different types of job within an organisation. These can be worth thinking through if you're feeling that you may have difficulties continuing in your current role, due to physical limitations for example.



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