

Resource

## Celebrate and donate

If you're celebrating a birthday, wedding or other special day, consider asking your friends and family to donate to NRAS instead of buying a gift for you. You will be making a real difference to all those living with rheumatoid arthritis (RA) and juvenile idiopathic arthritis (JIA) in the UK.

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You might like to consider setting up an online Fundraising page, giving you the ability to personalise it with your story and photos, telling your family and friends all about your celebration. Alternatively, family and friends could donate directly to NRAS on your behalf – it couldn't be easier.

## Setting up a fundraising page

Please see below for more information on setting up an online fundraising page with:

[Just Giving](#), or [Facebook](#) (a Facebook Fundraiser). Please see here for a [video tutorial](#) on setting up a Facebook Fundraiser.

Use these links to access the fundraising platforms: [Just Giving](#) and [Facebook](#).

## Getting married?

If you are planning on 'tying the knot' in the near future, would you consider asking your guests to make a donation to NRAS or give NRAS wedding favours to your guests? If RA or JIA has meant something to you and your family, then it will mean something to your guests too. It is also a great way of raising awareness of RA or JIA long after the honeymoon is over! We have NRAS lapel badges, NRAS and JIA-at-NRAS wristbands, whilst also providing you with collection boxes and other literature if required. You can purchase them [here](#).

## Get in touch

Whatever your occasion, we would like you to help us to support those living with RA and JIA.

Contact [fundraising@nras.org.uk](mailto:fundraising@nras.org.uk) for more information or call 01628 823 524 to speak to a member of our fundraising team.