

Resource

Other ways to fundraise

[Print](#)

The generous efforts of our fundraisers and supporters help us give those living with RA, their families, friends, carers and health professionals, the specialist support they need. But you don't need to run a marathon to be able to support our work. Any funds you raise or gifts you give are hugely appreciated!

There are lots of different ways you can support NRAS, from shopping online to recycling, you can do the same time!



[Article](#)

[Shop and Sell online and raise funds](#)

[There are lots of ways you can support NRAS and at no extra cost to you and from the comfort of](#)



[Article](#)

[Recycling](#)

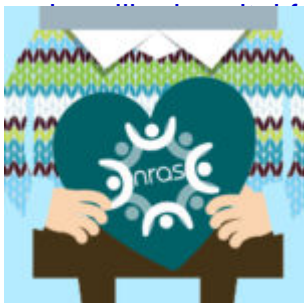
[Recycling is a simple way to raise extra funds for NRAS, and a great way to get your school, club or community involved too!](#)



[Web link](#)

[NRAS Shop](#)

[Shop our NRAS range of clothing, accessories, publications, badges and gifts. Every purchase you make helps to raise funds.](#)



[Web link](#)

[Become a Friend of NRAS](#)

[By becoming a Friend of NRAS and giving a regular gift, you will be supporting those living with RA and JIA.](#)



[Web link](#)

[Play the NRAS Lottery](#)

[Play the NRAS Lottery, be in with the chance of winning and support NRAS too! It's win-win!](#)

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