What is New2RA Right Start?

New2RA Right Start is a new service that has been launched by the National Rheumatoid Arthritis Society (NRAS) at the BSR 2019 congress in Birmingham. New2RA Right Start supports people newly diagnosed with RA to understand their diagnosis and how it is likely to affect them. Getting the right, supportive start can help people to make adjustments to behaviour, lifestyle and health beliefs.
and understand why self-management is important and how to make those important first steps to managing their disease effectively.

By referring patients to the NRAS New2RA Right Start service, you will be sign-posting them to friendly, empathetic, expert staff, tailored support that is evidence-based and peer support at an individual and/or community level.

**How will it benefit my RA Patients?**

In referring your newly diagnosed patients with RA to our New2RA Right Start service, they will:

– Better understand what RA is
– Know how it can affect them
– Get the right support
– Feel more in control
– Get a tailored pack of information that meets their personal needs
– Talk to a like-minded person who has lived with RA

**How do I refer my patients?**

Step 1: Refer your patient(s) to the New2RA Right Start Service by clicking on the button below. Fill in a simple referral form and press ‘submit’
Step 2: Your patient will be contacted by NRAS and a phone call will be scheduled between the patient and our trained Helpline Team.
Step 3: The Helpline Team will speak to your patient and talk through everything that is concerning them, providing explanation about medications, the disease, and whatever else they wish to discuss. At the end of the call, your patient will be sent a customised pack of information relevant to their specific needs
Step 4: Your patient will be asked if they wish to speak to others with RA (more info).

To order or download marketing materials associated with the New2RA Right to Start service, click [here](#)
Refer a patient

Step 1 Referral to Right Start

Step 2 NRAS Helpline call

Step 3 Tailored information pack

Step 4 A chance to talk with someone who has RA

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