

Resource

## Trusts and Foundations – previously funded projects

NRAS is a beneficiary of many generous grants from Trusts and Foundations. Please read below to find out how these gifts have helped NRAS support those living with RA and JIA.

[Print](#)

### How our trust funders have supported NRAS

Our trust funders have helped NRAS:

- Provide our vital information and support services including the NRAS [Helpline](#), NRAS Lives, patient information events and educational booklets.

Across the UK 400,000 people living with rheumatoid arthritis (RA) and 12,000 young people living with juvenile idiopathic arthritis (JIA) have access to a freephone [helpline](#) which is often accessed at a time when patients feel at their most desperate for emotional support and clear information.

- Launch and continue the development of our Digital Self-Management Programme for everyone living with RA in the UK, [Smile-RA](#).

This programme has been designed to build the knowledge, skills and understanding around the supported self-management of RA with the purpose to improve long-term health outcomes of patients with RA in the UK. Modules include animation, interactive content and video content.

- Update hard copy health educational resources for children and young people with JIA as well as their parents, carers and healthcare professionals.

These educational resources will help the self-management of the condition through detailed, timely and up to date information around the medications and treatments for JIA.

### The David Brownlow Charitable Foundation

The David Brownlow Charitable Foundation helped NRAS kickstart a new e-learning project, [Smile-RA](#)

Thanks to the tremendous support of The David Brownlow Charitable Foundation (DBCF) NRAS were able to begin a new and innovative project in 2019, an e-learning programme that aims to help people with RA self-manage their disease by increasing accessibility to information resources through video learning.

The David Brownlow Charitable Foundation helped NRAS begin building the e-learning modules and create video content. Thank you to everyone at DBCF for this incredible support, you are helping NRAS improve the lives of thousands of people in the UK who are living with RA. Smile-RA [launched](#) in September 2021.



Get in touch

If your Charitable Trust or Foundation would like to support our work or if you would like to find out more about the charity's latest projects.

Please contact Emma Spicer on 01628 823 524 (option 2) or [espicer@nras.org.uk](mailto:espicer@nras.org.uk)

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