

#### Resource

# Further reading/useful links

Links to useful information and organisations to help with oral health.

### **Print**

The following are useful links about oral health, some of which have been used within this section of the website:

# **Oral Health Foundation links:**

- Homepage
- Gum disease
- Jaw problems
- Dry Mouth
- Caring for teeth
- Decay
- Erosion
- Diet
- Sugar-free gum
- Cold sores
- Fluoride

# Other useful sites:

- The British Sjögren's Syndrome Association
- · NHS Choices information on bad breath
- NHS Choices information on oral thrush

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