Resource

The impact of your gift

How your support enables NRAS to provide vital services to those newly diagnosed and living with rheumatoid arthritis (RA) and juvenile idiopathic arthritis (JIA).

Print

Your support is vital

Your support allows NRAS to provide our vital information and support services including the NRAS Helpline, virtual patient information events and information booklets.

Helpline

Across the UK, over 450,000 people living with rheumatoid arthritis (RA) and 12,000 young people living with juvenile idiopathic arthritis (JIA) have access to a freephone helpline which is often accessed at a time when patients feel at their most desperate for emotional support and clear information.

Rheum Zooms

NRAS arranges virtual patient information days or 'Rheum Zooms' for patients based in specific localities. These sessions are run in partnership with healthcare professionals and will involve a talk based around a topical subject. These sessions also offer patients the chance to ask the healthcare professional questions about any aspect of their condition.

Publications

Finally, NRAS offers a wide range of printed booklets or publications which are available free of charge. These publications offer information and support on a number of topics: medications, emotional health and well-being, fatigue, being newly diagnosed, employment and more.

Where your money goes

Out of every £1 spent by NRAS, 82p is spent on delivering charitable activities to our beneficiaries and 18p is spent on raising each £1.

The breakdown of expenditure on charitable activities is as follows:

Provision of information and support 43%

Raising awareness 19%

Hosting NRAS events 19%

Hosting JIA events 19%