



Resource

## Volunteer from South Asian background

We're looking for people from UK South Asian communities who have Rheumatoid Arthritis or Adult Juvenile Idiopathic Arthritis and are interested in volunteering.

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The National Rheumatoid Arthritis Society are the leading patient organisation in the UK with a focus on providing information, support, education, advocacy and campaigning on behalf of people living with Rheumatoid Arthritis and children/young people with Juvenile Idiopathic Arthritis.

We are currently expanding our resources for people from the UK South Asian population and are looking for people with RA from these communities who speak English as well as possibly either Hindi, Punjabi, Urdu or Gujarati and who would be interested to volunteer for NRAS in a number of ways.

This may include contributing to research studies, taking part in focus groups, reviewing resources on the Apni Jung area of our website and other similar activities. If/where necessary, training will be given.

How can I apply?

If you live with RA or Adult JIA or know someone/have a family who does, who might be interested in volunteering in this way, please contact [ailsa@nras.org.uk](mailto:ailsa@nras.org.uk) and let us know something about yourself and why you are interested.

[Apply for this role](#)

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