

Resource

## Walks and Treks

Walk, run, or jog (as a team or individual), with the option of 10k, 25k, 50k, 75k or 100k distances.

[Print](#)



There are organised walks and treks available for everyone, no matter your pace and ability. All events offer plenty of food and drink, rest stops and excellent support teams. Join as an individual or as a team. Popular options include their biggest event on the Jurassic Coast, the scenic Lake District and the beautiful Dorset Dismal, with its incredible views or perhaps try the flatter Thames Path challenge or



[Web link](#)

[Easter 50 | 12th April 2025](#)

[The Isle of Wight Ultra Challenge is a 50 km, 25 km, or 10 km through historic Windsor and along](#)



[Web link](#)

[Isle of Wight Ultra Challenge | 3rd-4th May 2025](#)

[The Isle of Wight's coastal path is the setting for unforgettable challenges of varying distances over](#)



[Web link](#)

[Jurassic Coast Ultra Challenge | 17th-18th May 2025](#)

[London Brighton 2 Ultra Challenge is a 50 km, 25 km, or 10 km through Brighton and the sea, and an amazing challenge with distance options for all!](#)



[Web link](#)

## [London 2 Brighton Ultra Challenge | 24th-25th May 2025](#)

[Head up & over the South Downs before the welcome sight of the Brighton coastline. Distance](#)



[Event, on 01 Jun](#)

## [Aberdeen Kiltwalk](#)



[Minimum pledge: £100](#)

[Web link](#)

## [Lake District Ultra Challenge | 7th-8th June 2025](#)



[finest countryside at your pace. Distance options to suit all](#)

[Web link](#)

[Cotswold Way Ultra Challenge | 21st-22nd June 2025](#)



[Gloucester – the ‘capital’ of the Cotswolds – which takes in stunning](#)

[Web link](#)

[North Downs 50 | 12th July 2025](#)



[North Downs Way, The Surrey Hills, and the magnificent views](#)

[Web link](#)

[Gower Peninsula Ultra Challenge | 19th-20th July 2025](#)

[Take in the stunning Gower Peninsula, famous for its golden beaches, limestone cliffs, wild moors,](#)



[Event, on 17 Aug](#)

[Dundee Kiltwalk](#)



[Minimum pledge: £100](#)

[Web link](#)

[Thames Moonlight 10k Walk | 12th September 2025](#)

[Take on a spirited 10km or an energetic 10 mile looped route through the heart of London as you pass iconic landmarks – including St Paul's, Westminster Abbey, Tower Bridge,](#)



[Web link](#)

[Thames Bridges Trek | 13th September 2025](#)

[Start in the East End, head west towards the City, zig-zagging over 16 of London's historic bridges and landmarks. This is a story.](#)



[Web link](#)

## [Thames Path Ultra Challenge | 13th-14th September 2025](#)

[Take on England's greatest river with a beautiful 100 km route through wonderful historic scenery &](#)



[Event, on 14 Sep](#)

## [Edinburgh Kiltwalk](#)



[| Minimum pledge: £100](#)

[Web link](#)

## [Chiltern 50 | 27th September 2025](#)



[ails, nature reserves, forests, and a few hills with fantastic](#)

[Web link](#)

## [Halloween Walk | 25th October 2025](#)

[A hair-raising hike around some of the City's scary streets and historic haunts! Gather your bravest guys & ghouls to make up a team – or go it alone if you dare and meet other chilling challengers.](#)

[Choose another Walk or Trek](#)

If you would like to contact the Fundraising team before signing up to a run, walk or trek please email [fundraising@nras.org.uk](mailto:fundraising@nras.org.uk) or call us on 01628 823 524.

This article was downloaded from [www.nras.org.uk](http://www.nras.org.uk). National Rheumatoid Arthritis Society (NRAS) is a registered charity in England and Wales (1134859) and Scotland (SC039721). A private company limited by guarantee. Registered in England and Wales (7127101).