

Resource

## Gifts in Wills

Gifts in Wills, whatever the size, make a big difference. A gift in your Will enables NRAS to continue to develop and deliver vital services to those living with rheumatoid arthritis (RA) and juvenile idiopathic arthritis (JIA), now and in the future.

[Print](#)

Your gift will mean that people living with RA or JIA, will have access to high-quality information about their condition. They will have the opportunity to speak to a trained volunteer or helpline professional who can listen to them when they may feel confused and alone.



Your gift will enable NRAS to support those with RA and JIA at every stage, with a referral programme that connects those newly diagnosed with our services.

## Contact Us



Leaving a gift in your Will is a very important decision and personal to you, we are here to help.

If you have any questions, our Supporter Relationship Manager, Emma Spicer would be more than happy to talk to you. Please email [espicer@nras.org.uk](mailto:espicer@nras.org.uk) or call on 01628 501 548.

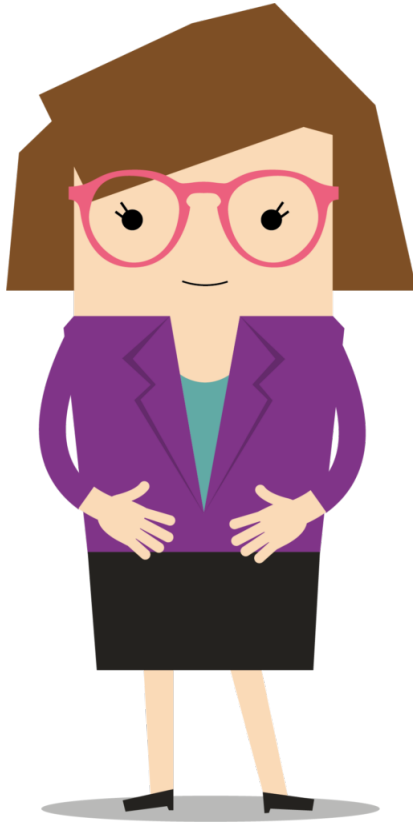
## Why make a Will?



If you have not made a Will, your surviving family and friends may experience complications with your estate being divided according to law, not your wishes. If you have no surviving family, your entire estate will go to the state.

Leaving a Will lets you take care of your assets, your loved ones and the causes you care about after you are gone.

A gift of as little as? 1%? of your estate can help us continue to do amazing things!



## Carol's story

Carol left a gift in her Will to help future Rheumatoid Arthritis (RA) generations. NRAS will support more people diagnosed and living with RA, thanks to supporters like Carol.

Carol discovered NRAS in 2004, a year after she was diagnosed.

"I found the various NRAS booklets extremely useful. My local NRAS group has been fantastic, I have attended so many informative NRAS talks given by rheumatology, orthopaedic and mental health experts. I think the NRAS website is excellent, and the staff are always so helpful. I can't think of a charity more worthy of support!"

Back in 2003, Carol didn't suspect she had RA. She worked as a PA and spent most of her day at a computer. She thought she may have repetitive strain injury. Her company's in-house doctor sent her for blood tests, and after these results came back, she was diagnosed with RA.

Hearing the word 'chronic' was a shock and Carol knew this would be a condition that would take some getting used to.

"I used the NRAS helpline during the first Lockdown, in 2020, to ask about the COVID-19 vaccines and if I fell into the immunosuppressed category. I found the call so helpful and reassuring."

Around ten years ago Carol retired and began volunteering in a local care home and briefly as a classroom assistant at a local primary school.

“My RA is now under control and, touch-wood, I am actually in remission, but I do still experience the occasional flare.”

Carol regularly attends her local NRAS group in Taunton and enjoys reading, jigsaws, watching cricket and socialising with friends.

“Leaving a gift in my Will was a simple process, after taking care of my loved ones, I decided to leave a gift to NRAS.”

## How to make a will?

To leave a charitable gift in your Will, provide your Will writer with the details of your chosen charity (the charity name, address and registered charity number).

### How to leave a charitable gift to NRAS in your Will???

To include NRAS in your Will, please ask your solicitor to use our charity details, including our address and charity registration number, to ensure your kind gift reaches us. ? ?

- The National Rheumatoid Arthritis Society (NRAS), Beechwood Suite 3, Grove Park Industrial Estate, White Waltham, Maidenhead, Berkshire, SL6 3LW.
- Registered charity in England and Wales (1134859), Scotland (SC039721).??

An example of wording you could use:

I leave my / X share (s) of my residuary estate for the National Rheumatoid Arthritis Society, Beechwood Suite 3, Grove Park Industrial Estate, White Waltham, Maidenhead, Berkshire, SL6 3LW registered charity number 1134859 (England and Wales)/ SC039721 (Scotland), absolutely for its general charitable purposes and I declare that the receipt of the treasurer or other proper officer for the time being shall be a sufficient discharge to my executors.

We would love to hear your motivations for leaving a gift in your Will to NRAS, if you would like to share your reasons for doing so, please contact Emma Spicer [espicer@nras.org.uk](mailto:espicer@nras.org.uk) 01628 501 548.

Please see [here](#) to download a copy of our free NRAS Guide to Writing or Updating your Will.

[Article](#)

[Guidance for lay executors](#)

[Please see below for our guidance on administering an estate and executing a Will.](#)

[Article](#)

[How to leave NRAS a gift in your Will](#)

[How to leave a charitable gift to NRAS in your Will? To include a gift to NRAS in your Will, please ask](#)

[your solicitor to use our charity details, including our address details listed below, to ensure your kind gift reaches us. The National Rheumatoid Arthritis Society \(NRAS\), a registered charity in England and Wales \(1134859\), Scotland \(SC039721\). The National \[...\]](#)

## [Article](#)

### [Projects made possible by gifts in Wills](#)

[NRAS has been fortunate to benefit from a number of generous gifts in Wills, these gifts have supported the charity in providing vital services to those living with rheumatoid arthritis \(RA\) and juvenile idiopathic arthritis \(JIA\) across the UK.](#)

## [Article](#)

### [Gifts in Wills – frequently asked questions](#)

[Please see below for frequently asked questions about leaving a gift in your Will.](#)

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