



Resource

## NRAS Live: Remote Monitoring with King's Improvement Science

Rewatch our NRAS Live from Wednesday 28th June on how remote health monitoring could impact those living with RA.

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The traditional appointments system, with face-to-face appointments at fixed intervals, can mean that patients struggle to access care when they need it most. Expect to learn how the team have developed an experimental remote monitoring system that prevents unnecessary patient follow-ups. Expect to learn how the system is being evaluated, feedback direct from RA patients, why you should get involved in research and much, much more.



# The Future of Remote

## Monitoring & RA

In collaboration with  
King's Improvement  
Science



KING'S  
IMPROVEMENT  
SCIENCE



Watch now!

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### Who are King's Improvement Science (KIS)?

Since 2021, King's Improvement Science (KIS) have been working with the [Health Innovation Network](#), local NHS, patient partners and the NRAS to evaluate the roll-out of a new remote monitoring service across six hospitals in south-east London, designed to address these issues.

For more information on King's Improvement Science, please contact: [kis\\_involvement@kcl.ac.uk](mailto:kis_involvement@kcl.ac.uk).

### The panel

- Ailsa Bosworth, NRAS National Patient Champion.
- Dr Toby Garrod, Consultant Rheumatologist at Guy's and St Thomas' NHS Foundation Trust.
- Helen Sheldon, Evaluation Manager at the Health Innovation Network.
- Emma-Jayne Adams, Rheumatoid Arthritis Patient Researcher.

- Mary-Ann Palmer, Rheumatoid Arthritis Patient Researcher.

## Want to watch more?

If you would like to watch more NRAS Live events, please visit our [YouTube channel](#) – where you can find all our past streams, as well as plenty more video content all on RA!

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