

Resource

NRAS Rheum For Inclusion Member

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NRAS is currently seeking to recruit five new members for our Rheum for Inclusion board. We strongly encourage applicants from all backgrounds, and are hoping to represent all the different geographical locations in the UK (including Wales, Scotland & Northern Ireland). We are also committed to our members being representative of region, age, religion, profession, gender, ethnicity, and sexual orientation. Unfortunately, we can only accept applicants over the age of 18.

What is Rheum for Inclusion?

The purpose of the NRAS Rheum for Inclusion group is to drive strategies and interventions within NRAS that result in a more inclusive model of delivery leading to engagement of a more diverse population, throughout all engagement routes including and not limited to helpline, website, membership, social media, HCP champions, Ambassadors, volunteers.

This role description should give you a good understanding of what being a Rheum for Inclusion member will entail.

Is it right for me?

Becoming a member of the Rheum for Inclusion board may not be the right fit for everyone. Hopefully this document will help you decide whether becoming a member is the right role for you.

As a group that advocates for increased representation within the RA/JIA communities, we encourage applications from individuals who have some or all of the following:

- An understanding of Rheumatoid Arthritis or Juvenile Idiopathic Arthritis through lived experience – this could include having a close relationship with someone who has RA/JIA.
- A commitment to the work of NRAS and willingness to go the extra mile.
- The ability to communicate effectively, sometimes by sharing personal experience, to a variety of audiences.

Computer literacy is essential*, and it is important that you are a confident user of Office 365.

*Please let us know if you will require some training.

What does Rheum for Inclusion do?

While still a relatively new group, the Rheum for Inclusion board hope to:

- Increase awareness of NRAS' work in diverse, under-represented communities and amongst medical professionals (to increase engagement in services/membership)
- Increase education about rheumatological and musculoskeletal conditions in diverse, under-represented communities and amongst medical professionals
- Act as a support and advisory group to NRAS colleagues

Roles and Responsibilities

Rheum for Inclusion is accountable for:

- Fostering collaboration
- Always maintaining the focus of the group on the agreed scope, outcomes and benefits
- Developing an action plan with clear goals and objectives

How much time do members need to commit?

Rheum for Inclusion members will commit to:

- Attending all scheduled meetings
- Championing the group within and outside work areas
- Making timely decisions and taking prompt action where required so as not to hold up any particular workstreams/projects
- Rheum for inclusion meetings take place online via Zoom on a weekday evening once a month; this will be reviewed at one year. Please ensure that you are able to commit to this when applying.
- New recruits will be subject to a three month probation period, and be able to commit ideally for eighteen months however, this can be renewed.

What support would NRAS give to me as a Rheum for Inclusion member?

- A full induction as an NRAS volunteer so you have information on how our organisation supports, informs and empowers the RA/JIA communities and our procedures/policies
- A dedicated contact within NRAS

- Training if appropriate
- Reasonable out of pocket expenses

What is in it for me?

We believe the biggest motivation for joining Rheum for Inclusion, is being part of a group that is advocating for a more inclusive representation within the RA/JIA communities. Becoming a member of the group offers the opportunity to do exciting things as well as opportunities for personal development. You will:

- Have the opportunity to meet new people and share your experiences.
- Get the chance to develop new skills and gain some experience
- Get the opportunity to make sure all voices are heard when conversations about RA/JIA are had.

[Apply for this role](#)

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