



Resource

Virtual fundraising

The outbreak of coronavirus is affecting all our lives in lots of different ways. If your fundraising plans have been postponed or cancelled, we've put together a selection of ideas for virtual fundraising that you can do from home instead – and some you can do at no cost to you! Thank you for supporting NRAS at this difficult time.

[Print](#)

Virtual pub quiz

Connect with others – Use Skype, FaceTime or Google Hangouts to hold a virtual pub quiz. Set up a [JustGiving](#) page and ask your guests to make a donation to take part.

Ebay your clutter away

Now is a good opportunity to declutter, and working through your possessions is a chance to remember memories associated with them. Sell your clutter on [Ebay](#) and you can choose to give a donation to NRAS!

Online tutorials

Learning something new has been strongly associated with higher levels of wellbeing. Share your skills with others through online tutorials. You could do cooking, a foreign language or flower arranging. Ask for a donation in exchange for sharing your skills, which can be donated on your JustGiving page. Or does your friend have a skill that you have always wanted to learn? Ask them to set one up for you.

Set up a Facebook Fundraising page

Whether it's your birthday or if you're looking to create better awareness of RA or JIA why not create a Facebook Fundraiser! NRAS receives 100% of all donations made via Facebook and we even have [step by step guide](#). See here for a [video tutorial](#).

Make a donation by simply doing your shopping!

Many of us are turning to online shopping due to social distancing – if you normally shop via AmazonSmile or Give as you Live (featuring all the major supermarkets) NRAS will receive a donation at no extra cost to you! Find out more about [Amazon Smile](#) and [Give As you Live](#).

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