

Resource

## Get involved in research

NRAS is committed to improving a broad range of outcomes for the RA community.

In achieving these aims we work on a number of separate but entwined strategies covering issues such as policy reform, the development of self-management resources, providing support and help to people experiencing health, social and psychological issues related to their RA, and supporting the UK rheumatology research community.

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An additional aim is to improve the quality of care and service delivery, including supporting the development of new medical therapies and research that improve the quality of life for people living with RA and JIA.

We achieve this by connecting researchers and research organisations with people living with RA who wish to actively participate in UK research.

If you would like more information on research or would like to sign up to be an active participant, click below.

To understand research further, please see our ['Research Explained'](#) article.



## [Biopsy in inflammatory arthritis explained](#)

[Ultrasound guided biopsy procedures are being increasingly used to take tiny samples of tissue out of joints for research.](#)

[Article](#)

## [Clinical trials](#)



[questions about new therapies, or diagnostic procedures, or](#)

[Article](#)

## [Research opportunities](#)

[Typically these research opportunities aim to find out peoples opinion and what happens to people in different situations.](#)

[Article](#)

## [Focus groups](#)

[We have a number of focus groups coming up soon! Watch this space. If you would like to express your interest in advance, click below.](#)

[Article](#)

## [Other ways to get involved in research](#)

[Get involved in other research by becoming part of patient registries or finding trials on trial platforms.](#)

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