



Resource

## Celebrate and donate

If you're celebrating a Wedding, Birthday, Anniversary, Religious Ceremony or another special day, consider asking your friends and family to donate to NRAS instead of buying a gift for you. You will be making a real difference to all those living with rheumatoid arthritis (RA) and juvenile idiopathic arthritis (JIA) in the UK.

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### Giving Page for your Special Event

You might like to consider setting up an online giving page for your event, adding your personal story and photos, and asking friends and family to donate instead of buying gifts for your celebration. Alternatively, family and friends could donate directly to NRAS on your behalf – it couldn't be easier.

Find out how to set up an online fundraising or giving page [here](#).

### Gifts for your Celebration



If you are planning on 'tying the knot' in the near future, would you consider asking your guests to make a donation to NRAS or give NRAS wedding favours to your guests? If RA or JIA has meant something to you and your family, then it will mean something to your guests too. It is also a great way of raising awareness of RA or JIA long after the honeymoon is over!

We have NRAS lapel badges, NRAS and JIA-at-NRAS wristbands, and can also providing you with balloons, collection boxes and other literature if required.

We have lots of great gifts for birthdays and anniversaries too!

Take a look at our online shop [here](#).

## Get in touch

Whatever your occasion, we would like you to help us to support those living with RA and JIA.

Contact [fundraising@nras.org.uk](mailto:fundraising@nras.org.uk) for more information or call 01628 823 524 to speak to a member of our fundraising team.

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