

Resource

## Emotions, relationships & sexuality

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This booklet tackles emotions, relationships and sexuality, and how these very personal and intimate issues are affected by being diagnosed with and living with rheumatoid arthritis.

This NRAS publication has been a long time in planning and production and it is thanks to all those who participated in the NRAS online survey as well as the focus groups on the topic that shaped the style and content of the booklet.



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