



Please join this special group of supporters today by completing the forms below and overleaf. You can also sign up online at www.nras.org.uk/donate or call us on **0845 458 3969**

By Direct Debit

I request you to pay RSM 2000 re the National Rheumatoid Arthritis Society (NRAS). Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with RSM 2000 re the National Rheumatoid Arthritis Society (NRAS) and, if so, details will be passed electronically to my Bank/Building Society.

Service User Number NRAS Ref No (do not complete)

Name(s) of Account Holder(s)

Bank/Branch Name and address

Bank/Building Society Account No.

Branch Sort Code

Signatures

Date

Changing Minds, Changing Services, Changing Lives

For people with Rheumatoid Arthritis
and Juvenile Idiopathic Arthritis

*"NRAS has
come to be my
helping hand
and stopped me
feeling so alone."*

NRAS supporter



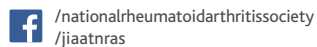
Helpline: **0800 298 7650**

General: **01628 823 524**

e: fundraising@nras.org.uk

w: www.nras.org.uk

Ground Floor
4 Switchback Office Park
Gardner Road
Maidenhead Berkshire
SL6 7RJ



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Friends ^{OF} NRAS

SUPPORTING PEOPLE WITH
**RHEUMATOID ARTHRITIS &
JUVENILE IDIOPATHIC ARTHRITIS**



Give a regular gift today

**Become a Friend of NRAS and you will
be making a difference and changing the
lives of those living with RA or JIA.**



Become a Friend of NRAS

Every year NRAS supports thousands of people living with rheumatoid arthritis or juvenile idiopathic arthritis.

82% of our income comes from people like you. Your help will make a difference and ensure that we can continue to support people who live with rheumatoid arthritis or juvenile idiopathic arthritis and help them to lead as full a life as possible. One of the best ways to support NRAS is by setting up a regular gift. A monthly gift by Direct Debit will provide us with a steady and reliable income that gives us the essential confidence we need to maintain our key services eg our Helpline and publications and also take on new projects.

A small monthly gift can make a big difference

As a Friend of NRAS we will also keep you informed of our work through our bi-annual newsletter and regular updates.

Regular gifts are invaluable, whatever the size. Donating by Direct Debit reduces our administration costs so that more of your gift goes towards our work.

Every hour of every day, 3 people are diagnosed with Rheumatoid Arthritis

How your gift could help

Over the course of a year a gift of...

- £3 per month could help 12 people with vital information in a time of crisis
- £5 per month could help a child with JIA learn how to express how their disease makes them feel
- £15 per month could help 12 people with RA to meet others living with the same issues
- £20 per month could help us campaign nationally for improved care and access to health services for people with RA or JIA
- £25 per month could match 24 people, who desperately need someone to talk to, with a trained volunteer

"Just knowing that NRAS are there to offer help and support is a great comfort."

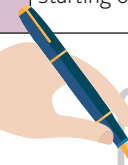
NRAS supporter



Every day 3 children and young people are diagnosed with Juvenile Idiopathic Arthritis



Title		First name	
Surname			
Address			
Telephone			
Email			
Amount	£	<input type="checkbox"/> Monthly	<input type="checkbox"/> Annually
	Starting on the	<input type="checkbox"/> 6th or	<input type="checkbox"/> 21st of the month



giftaid it

Gift Aid Declaration Make your donation go further

Tick the Gift Aid box!

If you are a UK taxpayer, the value of your gift can be increased by 25% under the Gift Aid scheme at no extra cost to you.

Yes, I would like NRAS to treat all the donations I make from today, until I notify you otherwise, as Gift Aid donations.

Date

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference. NRAS will claim 25p on every £1 donated. The tax reclaimed through gift aid will be used to help fund the whole of NRAS' work.

Please notify the charity if you want to cancel this declaration; change your name or home address or no longer pay sufficient tax on your income and/or capital gains. If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

Please detach and return to

NRAS, Ground Floor, 4 Switchback Office Park, Gardner Road, Maidenhead, Berkshire SL6 7RJ



nras
National Rheumatoid Arthritis Society

www.nras.org.uk | www.jia.org.uk