

# How we work

Our research promise to you is to ensure that any project or study we support, complies with ethical guidelines, standards and good governance and will contribute to reducing the burden of living with RA or JIA. We work to high professional standards on which you can rely.

Income received by NRAS in supporting the UK rheumatology research community is re-invested to support the work of NRAS more broadly and to contribute to our core and service delivery costs for the benefit of people with RA and JIA.

**You can be confident in choosing NRAS as your research partner.**



# Get in touch!

At NRAS, our Research Co-ordinator will be able to answer your queries, no matter the scale of your project/study. Please get in touch via the form accessible through the **QR code below**, or email [research@nras.org.uk](mailto:research@nras.org.uk)



Helpline: **0800 298 7650**  
General: **01628 823 524**  
e: [helpline@nras.org.uk](mailto:helpline@nras.org.uk)  
W: [www.nras.org.uk](http://www.nras.org.uk)  
[www.jia.org.uk](http://www.jia.org.uk)

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# Supporting UK rheumatology research



**Your Patient & Public Information & Engagement Partner**

**This leaflet, designed for researchers, describes the key ways that NRAS supports a wide range of clinical and academic research in the UK and how you can access our support.**

# NRAS Research



We conduct our own research on the impact of disease on people's lives, the health service and health professionals. This research helps us develop and deliver NRAS services to best meet the needs of all our beneficiaries. It also helps influence our policy and campaigns work to advocate for improvements/changes in rheumatology service delivery across the UK and Europe. Typical such NRAS reports can be found below:



## 85% of researchers report 5-star rating

NRAS' commitment to excellence is reflected by 85% of researchers giving our research support service a five-star rating. The remaining 15% gave our service a 4-star rating, demonstrating our consistent and high quality performance across the board.

### Average Star Rating: 4.85

**University of Cardiff, Center for Trials Research** "... swift and excellent process and worked fantastically to coordinate the recruitment..." (Recruitment)

**Menopause - a patient survey** "...patients' responses were hard hitting and provided stimulating discussions..." (Survey development and promotion)

**University of Manchester - BSRBR-RA and the UK JIA Biologics Registers:** "Working with NRAS has been so beneficial to our research..." (Focus group framework, organisation and facilitation and survey development with dissemination)

**Lead Nurse Rheumatology** "...survey platform NRAS uses was amazing, enabling easy analysis of data..."

**InMedix UK** "We were extremely pleased at how easy it was to work with NRAS and the quality of the finished report" (Recruitment, focus groups, survey and study documentation)

**NIHR Research Professor** "Excellent engagement from NRAS members with focus groups and involvement in educational materials design"

## As a Researcher Partner of choice, we:

- Actively work with researchers to provide patient and public involvement & engagement (PPIE) in the design of research studies
- Partner with researcher or research organisations as a co-applicant on studies and clinical trials
- Advise on and provide recruitment of patient partners for research steering committees, patient participation panels, focus groups and advisory boards
- Help recruit to research studies via our website, beneficiaries' communications and social media
- Disseminate and co-author research reports and articles for publication etc.
- Support third party researchers, advertise and promote their studies to recruit participants
- Supporting the Health Service of the future through collaboration.

